



Time required:
30 minutes



Languages available:
French and English




Administration:
Online | 169 questions
True or False



Correction time:
Instantaneous

The **ID-Emotional Intelligence (Emo)** helps identify your privileged style among 16 major personality types and describes the consequences of this style in various contexts. It provides information on how you manage your emotions and your interactions with others. At the end of the test, you will obtain a complete overview that will help you better position yourself in relation to your style and preferences.

Benefits

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- Provides a revealing overview, taking into account the individual's particular style and circumstances;
 - Describes strengths and challenges in managing emotions;
 - Suggests developmental paths to increase your emotional intelligence;
 - Explains how to interact with people who have similar, or different, emotional intelligence styles.

Do you see what we **see** the potential



1.

Target audience

All job levels in an organization. It targets an adult population in a context of development.

2.

Contexts of use

Personal development: Improving self-knowledge.

Team development: Several people on the same team do the test and can compare their results.

Conflict management: When two people come into conflict, the results of the report can be used to estimate the areas on which people may disagree.

Leadership Development: Studies have shown that emotional intelligence is one of the most important factors for effective employee management. It is therefore possible to combine the results of ID-Emotional Intelligence with those of ID-Leadership to give interesting feedback to participants.

3.

Conceptual model

The 16 main personality types

To assess emotional intelligence, we use the BIG 5 model, the most recognized theory for assessing personal characteristics.

The particularity of ID-Emotional Intelligence (Emo) is that it combines the results obtained at the first four scales of the model: extroversion, agreeability, conscientiousness, and openness, making it possible to identify 16 main types of personality. By adding the fifth scale, emotional stability, it is possible to better understand how a person reacts to their emotions and interacts with people around them.

4.

Main sections of the report

Personality profile and style
Personality profile: your style and complementary style.

Consequences of this style in various contexts
The distinctive features associated with your profile and things to consider.

Emotional intelligence and relationships with others
The strengths and challenges that are typical for people who share your style.

Preferences in terms of the working environment
The different work environments in which you are likely to perform better.

Relationship with other profiles
The profiles with which you have common relational elements, the profiles with which there are interesting differences, as well as potential complementary profiles.

Get even more out of the ID-Emotional Intelligence (Emo)

Combine the ID-Emotional Intelligence with **ID-Leadership** or an **in-basket test** to create a complete assessment solution.

Combine the ID-Emotional Intelligence with **training plans** for a professional development process.

Contact us to learn more about all our assessment solutions

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